

Opportunities & Events ~ February 2012

The Willows

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION ABBREVIATIONS:			1	2	3	4
<p>IFWL = 1st Floor West Lounge IFEL = 1st Floor East Lounge GS = Gift Shop DR = Dining Room GRN = Greenhouse FL = Fireside Lounge LIB = library</p> <p>2FEL = 2nd Floor East Lounge 2FG = 2nd Floor Gallery 3TB = 3rd Floor Treetop Bistro 3CL = 3rd Floor Concert Lounge 3PR = 3rd Floor Project Room</p> <p>3GL = 3rd Floor Games Lounge 3FC = 3rd Floor Fitness Center 3MC = 3rd Floor Media Center 3FWL = 3rd Floor West Lounge 4FL = 4th Floor Lounge</p>			<p>9:00 Strength DVD (3FC) 10:00 Bellingham Music Club: Enid Carrick High School Music Awards 10:30 Poise & Motion(3FC) 10:30-2:30 Massage with Diane Weber (3PR) 2:30 Mt. Baker High School presents: <i>Annie</i> (free)</p>	<p>9:00 Stretch DVD (3FC) 9:00 A-I Shredders (\$2 per bag) in the lobby 10:00-11:00 In House BP Check (3PR) 10:30 Bible Study (3MC) 12:00 Whatcom Museum's Brown Bag Lunch: Celebrate Groundhog Day with Joy Jam (\$3 at the door) 1:30 Fred Meyer 3:00 Creative Writing with Jessica (3MC)</p>	<p>9:00 Fitness with Erin DVD (3FC) 10:00 Morning Stretch with Tiffany (3FC) 11:00 Catholic Service (3FWL) 1:30 Shopping at Value Village OR Dollar Tree 3:30 BYOB (3GL) 7:00 Friday Night Movie (3MC): Mao's Last Dancer</p>	<p>9:00 Strength DVD (3FC) 9:30 Scenic Drive and out to breakfast at Blue Mountain Grill (Acme) Trip fee: \$5 1:30 Valentine's Crafter's Corner with Brad (3GL) Materials fee: \$11 3:00 The Armchair Traveler presents: <i>Yellowstone: Battle For Life</i> part 3 (3MC)</p>
5	6	7	8	9	10	11
<p>8:45, 9:45 & 10:00 Sunday Service Transportation 1:30 T.E.D. Talks; Mike Biddle: We can recycle plastic (3MC) 2:00 Open Games (3GL) 3:00 Willows "Super Bowl Tailgate Party" The Giants vs. The Patriots with hosts Jessica & Andy. Hotdogs, door prizes, contests, beer and more! (FL)</p>	<p>9:00 Stretch DVD (3FC) 10:30 Haggen at Meridian 1:30 Awakening Your Creativity Free Open House(3MC) 1:30 Hall Walking (lobby) 3:00 Meeting of the Minds: Reinventing The Willows Gift Boutique (3GL) 6:45 Pinochle (3GL)</p>	<p>9:00 Fitness with Erin DVD (3FC) 9:45 Bellis Fair Shopping/ Mall Walking 11:15 Willows Weekly (3MC) 1:15 Nimble Minds (3GL) 2:00 Tai Chi & stretching for Arthritis (3FC) 2:00-4:00 A.L.L. Class: Close Encounters of the 4th Kind (part 3) (3MC) 6:30 Informational Reception with Amy Benson from Home Instead (3MC) 7:00 Bunko (3GL)</p>	<p>9:00 Strength DVD (3FC) 10:00 Poise & Motion(3FC) 10:30 First Congregational Service (3MC) 1:30 Coffee Connection with Jessica: Reflecting on 2011, a look at 2012 (3GL) 3:00 Knitters & What-knot (3GL) Grocery orders due by 2:00 Schwan's delivers</p>	<p>9:00 Stretch DVD (3FC) 10:30 Bible Study (3MC) 10:30 Sunset Square 1:30 Seated Yoga Class (3FC) 2:30-4:00 Technology Time with Tiffany (by appt. only) 4:30-6:00 Willows Resident and Staff Family "Mix-it-up" Buffet Dinner (DR) Seatings at 4:30 & 5:30</p>	<p>9:00 Fitness with Erin DVD (3FC) 10:00 Poise & Motion (3FC) 11:00 Catholic Service (3FWL) 1:30 Library or Trader Joe's 2:00 Alterations with Massey (3PR) 3:30 BYOB (3GL) 7:00 Friday Night Movie (3MC): Gandhi Valentine's Cupcake orders due</p>	<p>9:00 Strength DVD (3FC) 9:00 Valentine's Day Pancake Breakfast & Entertainment at The Senior Center \$5 at the door 2:00 Afternoon Tea with Chris Conrad (3TB, 3MC)</p>

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<p>12</p> <p>8:45, 9:45 & 10:00 Sunday Service Transportation 12:00-2:30 Cascade Sunday Valentine's Day Brunch 2:00 Open Games (3GL) 4:00 Winter Concert Series: Dennis Sakowski (DR)</p>	<p>13</p> <p>9:00 Stretch DVD (3FC) 10:30 Hagen at Barkley 1:30 Awakening Your Creativity 1:30 Take Your Brain For a Walk with Jessica (lobby) 2:00 Hearing Northwest (3PR) 6:30 Life Experiences Wine Social: "When I was a Kid__" 6:45 Pinochle (3GL)</p>	<p>14</p> <p>9:00 Fitness with Erin DVD 10:00 Banner Bank (FL) 10:30 Conductorcise with Viki "Love Songs" (3MC) 11:15 Willows Weekly (3MC) 2:00 Tai Chi & stretching for Arthritis (3FC) 2:00-4:00 A.L.L. Class: Close Encounters of the 4th Kind (part 4) 6:45 Canasta (3GL) <i>Valentine's Cupcake orders delivered</i></p>	<p>15</p> <p>9:00 Strength DVD (3FC) 10:00 Poise & Motion (3FC) 12:00 Lunch out at Grace Cafe 10:30-2:30 Massage with Diane Weber (3PR) 2:00 What's On Your Mind with Viki (3MC) 3:00 Seniors Acting Up Play Reading (3MC) 7:30 Winter Concert Series: Reuben Walker (DR)</p>	<p>16</p> <p>9:00 Stretch DVD (3FC) 10:00-11:00 In House BP Check (3PR) 10:30 Bible Study (3MC) 1:30 Fred Meyer 1:30 All about A.L.L. & Spring Class Preview by Bill Radock, Director of A.L.L. (3MC) 3:00 Willows Go Green Initiative Discussion Group with Jean Waight (3MC)</p>	<p>17</p> <p>9:00 Fitness with Erin DVD (3FC) 10:00 Poise & Motion (3FC) 10:30 Walmart/Cordata 11:00 Catholic Service (3FWL) 2:00 Cooking Demonstration by chef Dave Moreland (DR) 3:30 BYOB (3GL) 7:00 Friday Night Movie (3MC): <i>Of Gods and Men</i></p>	<p>18</p> <p>9:00 Strength DVD (3FC) 9:30-2:30 Relay For Life Rummage Sale (DR) 1:30 Kindle (or Nook) Connection with Leslie Keller (FL) 2:30 Animal Lovers: Meet newest pet resident <i>Frankie</i> (1FWL) <i>No lunch served, boxed lunches available for order</i></p>
<p>19</p> <p>8:45, 9:45 & 10:00 Sunday Service Transportation 2:00 Open Games (3GL) 11:30 Trip (and lunch) to Silver Reef Casino 2:30 Whatcom Symphony Orchestra: To Russia With Love (tickets: 734.6080) <i>** Lost & Found items will be Available for pickup in 3MC today</i></p>	<p>20 PRESIDENT'S DAY</p> <p>9:00 Stretch DVD (3FC) 9:30 Perfect Timing watch repair (3GL) 10:30 Hagen at Meridian 1:30 Awakening Your Creativity (3MC) 1:30 Hall Walking (lobby) 4:30 Dinner out at D'Anna's Café Italiano 6:45 Pinochle (3GL)</p>	<p>21</p> <p>9:00 Fitness with Erin DVD (3FC) 11:15 Willows Weekly (3MC) 12:00 Gourmet Wannabes--invite a guest! (3GL) 1:15 Nimble Minds (3GL) 2:00 Tai Chi & stretching for Arthritis (3FC) 7:00 Bunko (3GL)</p>	<p>22</p> <p>9:00 Strength DVD (3FC) 10:00 Poise & Motion (3FC) 1:30 Wellness Moment: Hoagland Pharmacy: All About Feet (3MC) 3:00 Knitters & What-knot (3GL) Grocery Orders due by 2:00 Schwan's delivers</p>	<p>23</p> <p>9:00 Stretch DVD (3FC) 9:30 BP Check at St. Luke's 10:30 Bible Study (3MC) 10:30 Sunset Square 12:00 V.I.P. Complimentary Spaghetti Lunch 1:30 Seated Yoga Class(3FC) 2:00 Cooking Demonstration by David Nelson: Healthy Bars (DR) 7:00 Trivia with Jesse (3GL)</p>	<p>24</p> <p>8:30 Men's Breakfast 9:00 Fitness with Erin DVD (3FC) 10:00 Poise & Motion (3FC) 11:00 Catholic Service (3FWL) 1:30 Library or Trader Joe's 2:00 Alterations with Massey (3PR) 3:30 BYOB (3GL) 7:00 Winter Concert Series: Paul Cavitt on the Mandolin (3MC)</p>	<p>25</p> <p>9:00 Strength DVD (3FC) 10:30 Scenic Drive in search of Snow Geese Trip fee: \$5 2:00 Willows Book Club (3MC) 7:00 Saturday Night Movie (3MC): Moneyball</p>
<p>26</p> <p>8:45, 9:45 & 10:00 Sunday Service Transportation 1:30 T.E.D. Talks: Award-Winning Teen Age Science in Action (3MC) 2:00 Open Games (3GL) 3:15 Jazz Project: <i>Jud Sherwood Trio</i> at The Amadeus Project (\$15 @ PR) 7:15 Hymn Sing (DR)</p>	<p>27</p> <p>9:00 Stretch DVD (3FC) 10:30 Hagen at Barkley 1:15 Bellis Fair Shopping/Mall Walking 1:30 Awakening Your Creativity (3MC) 2:00 Hearing Northwest (3PR) 6:45 Pinochle (3GL) 7:30 Willows Open Mic Night (DR)</p>	<p>28</p> <p>9:00 Fitness with Erin DVD (3FC) 10:00 Banner Bank (FL) 11:00-3:00 Personalized Registration (3GL) 11:15 Willows Weekly (3MC) 1:30 Downtown Bellingham Shopping 2:00 Tai Chi & stretching for Arthritis (3FC) 6:45 Canasta (3GL)</p>	<p>29</p> <p>9:00 Strength DVD (3FC) 10:00 Poise & Motion (3FC) 11:00-3:00 Personalized Registration (3GL) 2:00 Current Events with Anne (3MC) 3:00 Seniors Acting Up Play Reading (3MC) 4:00 Martini Party (3GL) \$6 at the door</p>			

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